

# Breakfast menu

## Breakfast finger food selection

**Minimum number of guests: 15**

**Selection of 3 items – \$14 per person | Selection of 4 items – \$15.50 per person | Selection of 5 items – \$18 per person**

- *Brioche ham and cheese toasted sandwich fingers*
- *Spanish omelette wedges (gf, df)*
- *Chia breakfast parfait (gf)*
- *Apple and bran muffins*
- *Homemade sausage rolls with tomato sauce*
- *Fruit salad and yoghurt bowls (gf, v)*
- *Sourdough toast with smashed avocado and feta (v)*
- *Baked vanilla ricotta wedges with honey and fruit compote (gf, v)*
- *Bacon, tomato and rocket brioche buns*
- *Egg and pesto ribbon sandwiches*
- *Breakfast quiches pumpkin and cheese pastry scrolls (v)*
- *Cream cheese, spinach and semi dried tomato wraps (v)*
- *Date and raw cocoa protein balls (gf, df, v)*
- *Danish pastries*
- *Portuguese custard tarts*
- *Seasonal fruit platter*

## Healthy start

**Minimum number of guests: 10**

**\$14 per person**

- *Individual serves of muesli, fruit and yoghurt*
- *Freshly baked sweet muffins*
- *Fresh fruit juice*

**Eat Your Words Catering will deliver your food beautifully plattered and ready to eat.**

*Pick up can also be arranged | Crockery, cutlery and glassware can be hired for an additional fee*

*Delivery available from 7.30am weekdays or contact to discuss*

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## Light and easy

**Minimum number of guests: 10**

**\$16 per person**

- Seasonal fruit platter with yoghurt
- Freshly fruit and bircher muesli cups
- Toasted croissants with ham, cheese and/or tomato
- Fresh fruit juice
- Tea and coffee (freshly brewed, served in hot pots – ready to drink)

## Rise and shine

**Minimum number of guests: 10**

**\$17.50 per person**

- Seasonal fruit platter with yoghurt
- Selection of Danish pastries and muffins
- Freshly baked sweet muffins
- Mini breakfast tartlets
- Fresh fruit juice
- Tea and coffee (freshly brewed, served in hot pots – ready to drink)

## Traditional breakfast

**Minimum number of guests: 10**

**\$35 per person**

- Crispy bacon, oven roasted tomatoes, buttered mushrooms and scrambled eggs served with toast
- Freshly baked chocolate banana bread
- Fresh fruit and bircher muesli cups
- Selection of fresh juice

*Includes a staff member onsite to prepare, serve and clean up*

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