

Lunch menu

Gourmet sandwiches

Minimum number of guests: 10

\$15 per person

- A selection of mixed closed sandwiches (1½ rounds per person) with a variety of gourmet fillings
- Platter of seasonal fresh fruits

Fillings include a vegetarian selection, along with a combination of ham, salami, turkey, chicken, smoked salmon, tuna, and lots of other bits. Our sandwiches vary in flavours so you don't get bored!

Gourmet rolls and sandwiches

Minimum number of guests: 10

\$18 per person

- A selection of freshly baked bread rolls and triangle sandwiches with a variety of gourmet fillings
- Platter of seasonal fresh fruits
- Bite sized sweet goodies platter (varies daily)

Fillings include a vegetarian selection, along with a combination of ham, salami, turkey, chicken, smoked salmon, tuna, and lots of other bits. Our sandwiches vary in flavours so you don't get bored!

No sandwiches

Minimum number of guests: 10

\$16.50 per person

- A selection of antipasto goodies including cured meats, marinated vegetables, cheeses, dips and dolmades
- Served with bread sticks, crackers and Turkish bread (GF bread also available)
- Platter of seasonal fresh fruits

Eat Your Words Catering will deliver your food beautifully plattered and ready to eat.

Pick up can also be arranged | Crockery, cutlery and glassware can be hired for an additional fee

Delivery available from 7.30am weekdays or contact to discuss

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Quick fill

Minimum number of guests: 10

\$11 per person

• A selection of Turkish bread rolls with gourmet fillings

Fillings include a vegetarian selection, along with a combination of ham, salami, turkey, chicken, smoked salmon, tuna, and lots of other bits. This option is hearty, filling and easy to eat.

Winter warmer soup

Minimum number of guests: 10

\$18 per person

- Winter warming soup (can be delivered hot in electric terrine) ask for our current flavour
- Selection of freshly baked bread rolls and butter
- A selection of Australian cheeses with dried fruit, nuts and crackers

Sandwiches and then some

Minimum number of guests: 10

\$18.50 per person

- A selection of mixed closed sandwiches and bread rolls (1½ rounds per person) with a variety of gourmet fillings
- Platter of seasonal fresh fruits
- A selection of Australian cheeses with dried fruit, nuts and crackers

Fillings include a vegetarian selection, along with a combination of ham, salami, turkey, chicken, smoked salmon, tuna, and lots of other bits. Our sandwiches vary in flavours so you don't get bored!

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Sandwiches plus dips

Minimum number of guests: 10

\$19 per person

- A selection of mixed closed sandwiches (4 triangles per person) with a variety of gourmet fillings
- A selection of three homemade dips with Turkish bread and crackers
- Platter of seasonal fresh fruits

Fillings include a vegetarian selection, along with a combination of ham, salami, turkey, chicken, smoked salmon, tuna, and lots of other bits. Our sandwiches vary in flavours so you don't get bored!

Working buffet lunch A

Minimum number of guests: 10

\$18 per person

- Succulent chicken breast, sliced, served cold with tomato jam
- Vegetarian frittata wedges (please ask for flavour of the moment)
- Garden salad with cherry tomatoes, cucumber and homemade dressing
- Freshly baked bread rolls and butter
- Platter of seasonal fruit

Working buffet lunch B

Minimum number of guests: 10

\$18.50 per person

- Platter of cold meats and condiments (may include ham, turkey, chicken, salami)
- Potato salad with creamy preserved lemon dressing
- Fresh garden salad with seasonal vegetables and homemade dressing
- Freshly baked bread rolls and butter
- Platter of seasonal fruit
- Platter of delicious sweet petit fours

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Working buffet lunch C

Minimum number of guests: 10

\$22.50 per person

- Lemon and garlic sliced chicken with hommus and red cabbage salad (gf, df)
- Rocket, pear and parmesan cheese salad with toasted almonds and snowpeas (gf, v)
- Roasted pumpkin and pinenut cous cous salad with dates and coriander (df, v)
- Freshly baked bread rolls and butter
- Platter of seasonal fruit
- Platter of delicious sweet petit fours

Extras

- Fresh orange juice (\$4.50 per litre)
- Mineral water (\$2.50 per litre)
- Dips platter a selection of three homemade dips with Turkish bread and crackers (add \$5.50 per person)
- Antipasto platter a selection of olives, marinated vegetables, cured meats, and dolmades (add \$6.60 per person)

Gluten free bread available on request – please advise at time of booking.

Eat Your Words Catering will deliver your food beautifully plattered and ready to eat.

 $\textit{Pick up can also be arranged} \ | \ \textit{Crockery, cutlery and glassware can be hired for an additional fee}$

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