



Breakfast menu

Breakfast finger food selection

Minimum number of guests: 15

Selection of 3 items – \$15 per person | Selection of 4 items – \$20 per person | Selection of 5 items – \$23 per person

- Brioche ham and cheese toasted sandwich fingers
- Spanish omelette wedges - GF, DF
- Chia breakfast parfait - GF
- Apple and bran muffins
- Homemade sausage rolls with tomato sauce
- Toasted croissants with ham, cheese and/or tomato
- Fruit salad and yoghurt bowls - GF, V
- Sourdough toast with smashed avocado and feta - V
- Baked vanilla ricotta wedges with honey and fruit compote - GF, V
- Bacon, tomato and rocket brioche buns
- Egg and pesto ribbon sandwiches
- Breakfast quiches
- Cream cheese, spinach and semi dried tomato wraps - V
- Date and raw cocoa protein balls - GF, DF, V
- Danish pastries
- Portuguese custard tarts
- Seasonal fruit platter

Healthy start

Minimum number of guests: 10

\$18 per person

- Individual serves of muesli, fruit and yoghurt
- Freshly baked sweet muffins
- Fresh fruit juice
- Tea and coffee

Eat Your Words Catering will deliver your food beautifully plattered and ready to eat. Pick up can also be arranged | Crockery, cutlery and glassware can be hired for an additional fee Delivery available from 7.30am weekdays or contact to discuss.

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Light and easy

Minimum number of guests: 10

\$19 per person

- Seasonal fruit platter with yoghurt
- Freshly fruit and bircher muesli cups
- Toasted croissants with ham, cheese and/or tomato
- Fresh fruit juice
- Tea and coffee (freshly brewed, served in hot pots – ready to drink)

Rise and shine

Minimum number of guests: 10

\$20 per person

- Seasonal fruit platter with yoghurt
- Selection of Danish pastries and sweet muffins
- Mini breakfast tartlets
- Fresh fruit juice
- Tea and coffee (freshly brewed, served in hot pots – ready to drink)

Traditional breakfast

Minimum number of guests: 10

\$35 per person

- Crispy bacon, oven roasted tomatoes, buttered mushrooms and scrambled eggs served with toast
- Freshly baked chocolate banana bread
- Fresh fruit and bircher muesli cups
- Selection of fresh juice

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