



Lunch menu

Working buffet lunch A

Minimum number of guests: 10

\$21 per person

- Chef's ever changing selection of cold meats
- Vegetarian frittata wedges - GF, V
- 2 salads (varied daily)
- Freshly baked bread rolls and butter
- Platter of seasonal fruit

Working buffet lunch B

Minimum number of guests: 10

\$24 per person

- Assorted closed sandwiches and wraps (0.5 per person)
- 2 Fresh garden salads (varied daily)
- Platter of seasonal fruit
- Platter of delicious sweet petit fours

Working buffet lunch C

Minimum number of guests: 10

\$27.5 per person

- Lemon and garlic sliced chicken with hommus and red cabbage salad - GF, DF
- Rocket, pear and parmesan cheese salad - GF, V
- Roasted pumpkin, and quinoa salad with dates and coriander - GF, DF, V
- Freshly baked bread rolls and butter
- Platter of seasonal fruit
- Platter of delicious sweet petit fours

Eat Your Words Catering will deliver your food beautifully plattered and ready to eat. Pick up can also be arranged | Crockery, cutlery and glassware can be hired for an additional fee Delivery available from 7.30am weekdays or contact to discuss.

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Gourmet sandwiches

Minimum number of guests: 10

\$19 per person

- A selection of mixed closed sandwiches and wraps (1.5 rounds per person) with a variety of gourmet fillings
- Platter of seasonal fresh fruits

Fillings include a vegetarian selection, along with a combination of ham, salami, turkey, chicken, and lots of other bits. Our sandwiches vary in flavours so you don't get bored!

Gourmet rolls and sandwiches

Minimum number of guests: 10

\$21 per person

- A selection of freshly baked bread rolls, wraps and triangle sandwiches with a variety of gourmet fillings
- Platter of seasonal fresh fruits
- Bite sized sweet goodies platter (varies daily)

Fillings include a vegetarian selection, along with a combination of ham, salami, turkey, chicken, and lots of other bits. Our sandwiches vary in flavours so you don't get bored!

No sandwiches

Minimum number of guests: 10

\$23 per person

- A selection of antipasto goodies including cured meats, marinated vegetables, cheeses, dips and dolmades
- Served with bread sticks, crackers and Turkish bread (GF bread also available)
- Fresh garden salad
- Platter of seasonal fresh fruits

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Quick fill

Minimum number of guests: 10

\$15 per person

- A selection of freshly baked bread rolls or wraps with gourmet fillings (1 round per person)

Fillings include a vegetarian selection, along with a combination of ham, salami, turkey, chicken, and lots of other bits. This option is hearty, filling and easy to eat.

Winter warmer soup

Minimum number of guests: 10

\$23 per person

- Winter warming soup (can be delivered hot in electric terrine) – ask for our current flavour
- Selection of freshly baked bread rolls and butter
- A selection of Australian cheeses with dried fruit, nuts and crackers

Sandwiches and then some

Minimum number of guests: 10

\$21 per person

- A selection of mixed closed sandwiches, wraps and bread rolls (1.5 rounds per person) with a variety of gourmet fillings
- Platter of seasonal fresh fruits
- A selection of Australian cheeses with dried fruit, nuts and crackers

Fillings include a vegetarian selection, along with a combination of ham, salami, turkey, chicken, and lots of other bits. Our sandwiches vary in flavours so you don't get bored!

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Sandwiches plus dips

Minimum number of guests: 10

\$22 per person

- A selection of mixed closed sandwiches (4 triangles per person) with a variety of gourmet fillings
- A selection of three homemade dips with Turkish bread and crackers
- Platter of seasonal fresh fruits

Fillings include a vegetarian selection, along with a combination of ham, salami, turkey, chicken, and lots of other bits. Our sandwiches vary in flavours so you don't get bored!

Extras

- Fresh orange juice (\$5 per litre)
- Mineral water (\$3.50 per litre)
- Dips platter – a selection of three homemade dips with Turkish bread and crackers (add \$5.50 per person)
- Antipasto platter – a selection of olives, marinated vegetables, cured meats, and dolmades (add \$6.60 per person)

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